

# 2017 Summer Dance Workshop

## July 24th – August 25th

### Combination classes for kids ages 3-12yrs old

**Rockin' Tots** (ages 3-5) Mondays 4:45-5:30pm  
(ages 4-6) Tuesdays 5:15-6:00pm

*These classes have tap, pre-ballet and jazz and always finish with a fun game and stickers!!*

**Ballet & Jazz** (ages 5-8) Monday 5:30-6:15pm

*This class is for the budding ballerina and also includes a fun jazz portion to shake and shimmy. Finishes with a fun game and Stickers!!*

**Dancing Dolls** (ages 6-8) Tuesdays 6:00-6:45pm

*These classes have tap, pre-ballet and jazz and always finish with a fun game and stickers!!*

**Tumble-N-Groove** (ages 7-9) Wednesdays 6:00-6:45pm

*These classes have tap, pre-ballet and jazz and always finish with a fun game and stickers!!*

**Jazz & Contemporary** (ages 9-12) Mondays 6:15-7:00pm

*This class will focus on improving technique, flexibility and strength. New combos each week, across the floor exercises and dance challenges!!*

**Hip-Hop** (ages 9-12) Tuesday 6:45-7:30pm

*A beginner/intermediate level class for learning different hip-hop styles and moves/tricks! New combos each week*

**Musical Theatre & Tap** (ages 9-12) Wednesdays 5:15-6:00pm

*This is a super fun class that explores the world of Musicals and theatre dance. We will use well known musical selections to learn choreography too and we will also learn and improve on tap skills and drills!*

Please see back for pricing and discount options

### Dance and Technique classes for each age division in specific disciplines

The classes below are required for our PDCT (competition team) and PDPCT (pre-competition)

#### **Level I**

(Average dance experience 1-3yrs)  
(Average age 5-8yrs)

##### **Ballet I**

Monday 4:30-5:30pm

##### **Jazz I**

Wednesday 5:00-5:45pm

##### **Jumps/Turns I**

Monday 6:30-7:15pm

##### **Stretch & Strengthen I**

Monday 5:30-6:00pm  
Wednesday 4:30-5:00pm

##### **Tap I**

Wednesday 5:45-6:30pm

#### **Level II**

(Average dance experience 4-6yrs)  
(Average age 9-12yrs)

##### **Ballet II**

Tuesday 5:00-6:30pm  
Wednesday 5:00-6:00pm

##### **Hip-Hop II**

Wednesday 7:15-8:00pm

##### **Jazz II**

Monday 6:30-7:15pm  
Wednesday 6:30-7:15pm

##### **Jumps/Turns II**

Monday 5:45-6:30pm  
Tuesday 7:00-7:30pm

##### **Musical Theatre II**

Monday 7:15-8:00pm

##### **Stretch & Strengthen II**

Monday 5:00-5:45pm  
Tuesday 6:30-7:00pm  
Wednesday 6:00-6:30pm

##### **Tap II**

Tuesday 7:30-8:15pm

#### **Level III**

(Average dance experience 7-11yrs)  
(Average age 12 & up)

##### **Ballet III**

Monday 5:00-6:30pm  
Wednesday 5:00-6:00pm

##### **Hip-Hop III**

Tuesday 7:30-8:15pm

##### **Jazz III**

Monday 7:45-8:45pm  
Wednesday 7:30-8:30pm (w/improv)

##### **Jumps/Turns III**

Monday 7:00-7:45pm  
Tuesday 5:30-6:00pm  
Wednesday 6:45-7:30pm

##### **Musical Theatre III**

Tuesday 6:00-6:45pm

##### **Stretch & Strengthen III**

Monday 6:30-7:00pm  
Tuesday 5:00-5:30pm  
Wednesday 6:00-6:45pm

##### **Tap III**

Tuesday 6:45-7:30pm

### **"DANCE INTENSIVE" DAY CAMP** **August 28th to September 1st**

Required for our Competition Team dancers but OPEN TO ALL dancers looking for a disciplined and intensive training program to improve skills and overall dance ability. Information on back

Please see back for class descriptions and pricing on our Dance Workshop & Dance Intensive

## Technique and Class Descriptions

**BALLET** – Class that focuses on the foundational aspects of ballet, from the basics of positions and strong barre work, to center work where core strength and balance are a main focus and then across the floor exercises where power and grace are utilized to combinations of Allegros and Adagios are worked on for overall connection of everything you will be learning. Each level will learn according to their level and ability.

**HIP-HOP** – Class that incorporates a warm-up and stretch and then instruction in different styles and schools of hip-hop and break dancing or new styles like, krumping and tutting just to name a few. High energy and different combos and music each time. Each level will learn according to their level and ability.

**JAZZ** – Class that incorporates a warm-up and stretch and then training in different styles of jazz movement and also across the floor and center work to improve skills and tricks.. Each level will learn according to their level and ability.

**JUMPS/TURNS** – Class that focuses on improving a dancer's ability to execute various jumps and turns that are seen in various dance styles. Each level will learn according to their level and ability.

**MUSICAL THEATRE** – Class that incorporates theatre dance and acting/performance into each combination. Popular Broadway musicals and TV shows are used for the classes and combinations. Each level will learn according to their level and ability.

**STRETCH & STRENGTHEN** – Class that focuses on improving a dancer's core strength, power, balance and flexibility. Each level will learn according to their level and ability.

**TAP** – Class that covers all aspects of tap. Focus on learning the terminology and the origin and era of certain tap styles. We will cover everything from classical, to rhythm to lyrical to funk tap. Center work, across the floor and drills will have their tap improving week to week. Each level will learn according to their level and ability.

## 5 week Dance Workshop pricing

### Payment Options

#### Per Class

30 minute class = \$10.00 ■ 45 minute class = \$13.00 ■ 60 minute class = \$15.00 ■ 90 minute class = \$18.00  
(take 1 class only and pay for all 5 weeks at time of registration and receive a 10% discount)

#### Per Week for more than one class but not for full program of classes

Graduated discount scale for classes if you pay for them weekly and take at least 2 classes per week.  
10% discount for 2 classes per week, 15% discount for 3 classes per week, 20% discount for 4 or more classes per week

#### Per week for Full Program of classes

Level I (per week w/ 20% discount) = \$59.20 ■ Level II and Level III (per week w/25% discount) = \$111.00

#### All 5 weeks at time of registration

Level I – (5 week discount is 35%) total for Level I program \$240.50  
Level II & Level III – (5 week discount is 46%) \$399.00

Sibling discounts are an additional 10%

## Dance Intensive Day Camp

August 28th to September 1st

9am to 3pm (Level II & III)

9am to 12pm (Level I)

Break for lunch 11:45-12:15pm

Break for snack 10:30-11:00

Dancers will be separated by ability (not age) for this training camp and will have technique, movement and performance training in all genres and skills. Focus on core strength, stamina, leaps, jumps, turns and turn combos, improv, and more. Performances at the end of the week for family.

Please bring own water and lunch/snacks each day  
Specific daily schedule given at time of registration

#### Workshop Fees:

Level I - \$50.00

Level II & Level III - \$175.00

No sibling discounts for the Intensive Camp as fees are already discounted by 50%